



GLUTEN FREE MENU



STARTERS

Coronation Chicken Terrine, Mango Chutney, Coriander & Almond Dressing,
GF Toast £8.95

Torched Mackerel Fillet, Smoked Mackerel Pate with Beetroot, Fennel,
Sorrel & Caper Relish (DF) £8.95

Soup Of the Day, GF Bread or roll £7.95

Beetroot Macaroon, Goats Cheese Mousse, Red Onion Puree, Pistachio Crumb £8.95

PUB CLASSICS

Sweet Potato Bhaji, Mango , Chilli & Mint Chutney (V) (Vg) £4.95

Sundried Tomato Hummus, Root Vegetables Crisps (V) (Vg) £4.95

Blade of Beef, Red Wine & Caramelised Onion Sauce, Mash Potato, Glazed Carrots £18.95

Sweet Potato Bhaji Burger, Mango, Chilli & Mint Chutney, Chips (V)(Vg) (GF Bun) £13.95

MAINS

Rich Bouillabaisse of Monkfish, Mussels & Cockles, Salsa Verde, Roast Garlic Aioli
£20.95

Local Roast Lamb Cutlet, Confit Lamb Belly, Vinegar Gel, Roast New Potatoes,
Caponata, Nasturtium Emulsion £22.95

Fillet of Hake. Masala Spices, Aubergine, Lentils & Saffron Cauliflower, Aromatic Lime
Coriander & Coconut Sauce £19.95

Keith Aldersons Prime Sirloin Steak, Confit Mushroom, Mushroom Ketchup, Roast
Onion, Chips & Peppercorn Sauce £26.95

Stuffed Squash - Lentils, Fennel & Moroccan Spices, Squash Seed & Coriander
Gremolata, Herb Yogurt, Almond Butter (VG) (GF) £13.95

Garlic & Thyme Roasted Cauliflower Steak, Sweet Potato Mash, Red Wine
&Caramelized Onion Sauce, Toasted Hazelnut Crumb(VG) £15.95

DESSERTS

Poached Pear, Sorbet, Raspberry Coulis £8.85

Stem Ginger & Cardamon Panna Cotta, Poached Pear £8.95